



ABCinEnergy

Advanced tools for Behavioural Change
in energy consumption for Higher
Education Stakeholders

Hello!

We're thrilled to have you on board. This newsletter is your window into our project, bringing you the latest insights, tools, and updates on sustainable energy behaviour. Together, we aim to make energy efficiency practical, accessible, and impactful for everyone.

ABOUT ABCinEnergy

ABCinEnergy is a European initiative dedicated to promoting **behavioural change in energy consumption** across higher education institutions. Through research, innovative tools, and active community engagement, we support students, staff, and university managers in **reducing energy use** and fostering climate-conscious practices in everyday campus life.

PROJECT MILESTONES

- **Sustainability Roadmap:**

The ABCinEnergy Roadmap is based on a review of sustainability and energy strategies across partner universities in six European countries. It identifies common practices and challenges, reflecting both institutional strengths and national contexts.

These insights inform a shared, evidence-based framework for integrating sustainability and energy KPIs aligned with national and EU goals. The roadmap was developed through policy analysis, identification of best practices, KPI evaluation, and a joint consortium strategy supported by harmonised data templates.

- **Habit Tracker Platform:**

The Habit Tracker Platform is an innovative web app designed for students, academic, and administrative staff across partner universities to monitor their energy-related habits. It focuses on four key areas: mobility, heating and cooling, electricity use, and water consumption.

The platform also provides an overall sustainability score for users' behaviours, along with practical tips and recommendations to help them adopt more energy-efficient

and sustainable habits. Partners have just launched the second round of piloting and are eager to review the results to further refine and enhance the platform.

◆ **Training Material:**

To support the use of the Habit Tracker Platform, dedicated training materials were developed for two target groups: Higher Education Institution managers and the wider university community of students, academic, and administrative staff.

For managers, the training focuses on analysing energy KPIs through the platform, designing engagement campaigns, scaling best practices from partner institutions, and using data and stakeholder feedback to strengthen institutional sustainability strategies. For students and staff, the training helps users reflect on their own energy habits, use the platform to monitor and improve daily behaviour, apply successful sustainability actions in their own context, and actively contribute to campus-wide sustainability initiatives through collaboration and peer engagement.

Learn more on our project milestones at [Resources - ABCinEnergy Energy Sustainability in Higher Education](#)

GET INVOLVED!

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💡 **DID YOU KNOW?** 💡

A single desktop computer left on 24/7 uses more energy in a year than a small fridge.

Our latest blog posts

Together in Action

The climate crisis reminds us that the way we produce and consume energy impacts the planet. This theme was central to Together in Action 2026, the annual EU Climate Pact event held in Brussels, which brought together citizens, experts, and policymakers to explore practical, collaborative solutions.



[Read more](#)

New edition of France's Energy Programme



In February 2026, the French Government published the new edition of the Multi-annual Energy Programme, outlining France's energy policy for 2026-2035 period. This programme addresses key challenges in energy consumption and production, focusing on climate change, energy independence, and sustainable development.

[Read more](#)



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